



Foodchild:

How family food traditions shape us

A workshop for those who want to know how culture, family and gender shape our eating habits and influence the way we feel about our bodies. Bring your latest, greatest food concern and a brownbag dinner or snack. Class sizes are limited. For more information or to register, e-mail Irene Sherlock at irene.sherlock@sbcglobal.net or call (203) 733-8176. Sherlock holds a Master's degree in Marriage and Family Therapy and is a certified Gestalt therapist.

Four Tuesday evenings in September
September 8-29

6 to 8 p.m.

41 King Street, Danbury, CT 06811
\$35 per workshop